

Symptoms on health problems and use of medication (per cent), by symptom, sex, contents, year and region, 2015 And 2019

		Symptoms of health problems and use of medication					
		2015			2019		
		Nordland	Troms - Romsa	Finnmark - Finnmárku	Nordland	Troms - Romsa	Finnmark - Finnmárku
Is generally satisfied with life (9 or 10 on a scale from 0-10)	Both sexes	46	47	41	47	41	48
	Males	45	50	40	43	40	50
	Females	47	43	43	50	43	45
Trusts fellow man (9 or 10 on a scale from 0-10) (2015)	Both sexes	30	33	33	34	39	37
	Males	27	31	29	32	37	34
	Females	33	36	37	38	41	41
Feels that life is meaningful (9 or 10- on a scale from 0-10) (2015)	Both sexes	48	47	45	.	.	.
	Males	47	46	43	.	.	.
	Females	50	49	47	.	.	.
Discriminatet against. Past 12 months	Both sexes	6	8	8	9	7	9
	Males	4	5	7	4	6	6
	Females	8	11	10	13	8	12
Discriminated against due to health problems/ reduced functional ability. Past 12 months	Both sexes	2	2	2	2	2	1
	Males	1	1	1	1	1	0
	Females	2	2	2	3	3	2
Strong physical pain. Past 4 weeks	Both sexes	10	7	9	8	10	9
	Males	7	8	8	5	10	6
	Females	13	7	10	12	9	13
Strong headache. Past 4 weeks	Both sexes	6	5	4	6	6	5
	Males	2	4	3	2	4	1
	Females	9	5	5	10	9	11
Bodily pain. Past 3 months	Both sexes	35	36	34	35	40	40
	Males	28	35	29	27	31	37
	Females	42	39	40	43	49	45
Headache or migraine. Past 3 months	Both sexes	26	22	25	29	26	27
	Males	21	16	17	19	19	15
	Females	31	29	33	40	32	42
Itching os stinging. Past 3 months (-2012)	Both sexes
	Males
	Females
Blocked nose or watering eyes. Past 3 months (-2012)	Both sexes
	Males
	Females
Problems with breathing, short-/heavy breath. Past 3 months	Both sexes	7	7	8	7	10	9
	Males	7	5	4	5	8	7
	Females	6	8	13	9	12	11
Coughing. Past 3 months (-2015)	Both sexes	10	9	14	.	.	.
	Males	8	9	14	.	.	.
	Females	12	10	14	.	.	.
Nausea or digestive problems. Past 3 months	Both sexes	10	11	8	10	17	12
	Males	6	9	5	5	10	5
	Females	14	12	12	17	23	20
Dizziness or problems with balance. Past 3 months	Both sexes	16	12	12	14	19	15
	Males	14	10	6	9	11	10
	Females	19	14	19	21	26	21
Anxiety or phobias. Past 3 months (-2012)	Both sexes
	Males
	Females
Feeling down-hearted or depressed. Past 3 months (-2012)	Both sexes
	Males
	Females
Feeling irritable or aggressive. Past 3 months (-2015)	Both sexes	8	6	9	.	.	.
	Males	6	5	8	.	.	.
	Females	9	7	10	.	.	.
Difficulty concentrating. Past 3 months (-2015)	Both sexes	11	9	10	.	.	.
	Males	9	7	10	.	.	.
	Females	13	11	9	.	.	.
Severe sleeping disorders. Several times a week (2015)	Both sexes	11	14	11	.	.	.
	Males	7	11	7	.	.	.
	Females	14	17	15	.	.	.
Sleeping disorders. Past 3 months (-2015)	Both sexes	29	29	25	23	27	24
	Males	21	24	18	17	19	18

	Females	37	34	31	30	34	31
Felt tired. Past 3 months (-2012)	Both sexes
	Males
	Females
Mental health: 1,75 or higher score on HSCL-25 (-2012)	Both sexes
	Males
	Females
Mental health: 2,0 or higher score on HSCL-5	Both sexes	5	5	4	6	9	9
	Males	4	2	3	2	7	6
	Females	6	7	5	10	10	13
Moderate to extensive depressive symptoms. Past 14 days	Both sexes	5	5	5	4	5	7
	Males	3	4	5	3	5	8
	Females	6	7	5	5	6	7
Taken non-prescription pain-relievers daily or weekly during the last weeks (-2015)	Both sexes	7	6	4	.	.	.
	Males	5	8	3	.	.	.
	Females	9	4	6	.	.	.
Used medicine on prescription daily or weekly during the last weeks	Both sexes	49	45	48	50	53	54
	Males	43	40	41	46	43	50
	Females	56	50	56	54	64	58
Used prescription painkillers daily or weekly during the last weeks	Both sexes	9	7	7	8	9	10
	Males	6	6	5	5	8	7
	Females	12	9	9	12	11	13
Used medication for high blood pressure daily or weekly during the last weeks (2012)	Both sexes
	Males
	Females
Used medication to lower high cholesterol levels daily or weekly during the past weeks (2012)	Both sexes
	Males
	Females
Used allergy medication daily or weekly during the past weeks (-2012)	Both sexes
	Males
	Females
Used asthma medication daily or weekly during the past weeks (-2012)	Both sexes
	Males
	Females
Used sleeping pills daily or weekly during the past weeks	Both sexes	4	3	5	3	3	2
	Males	0	2	2	1	2	1
	Females	8	3	8	4	4	4
Used tranquillizers daily or weekly during the past weeks	Both sexes	1	2	1	2	1	1
	Males	1	1	2	1	2	2
	Females	1	3	1	2	1	1
Used drugs against depression daily or weekly during the past weeks	Both sexes	2	4	2	3	2	3
	Males	1	3	1	1	1	3
	Females	4	5	3	6	3	3
Number of persons interviewed	Both sexes	424	409	356	407	408	394
	Males	209	212	179	211	202	217
	Females	215	197	177	196	206	177
Number of persons that returned the postal questionnaire (-2012)	Both sexes
	Males
	Females

Due to changes in question formulations, some of the figures for 2015 are not quite comparable to figures for earlier years. This pertains to the questions on bodily pain and headache or migraine last 3 months.

. = Category not applicable. Figures do not exist at this time, because the category was not in use when the figures were collected.

region: <https://www.ssb.no/offentlig-sektor/kommunekatalog/endringer-i-de-regionale-inndelingene> target='footnote'>See list over changes in regional classifications (in Norwegian).

region: Nordland: 1 January 2020, the municipality 1852 Tjeldsund was moved from Nordland to Troms og Finnmark.

Latest update: 20200704 08:00

Source: Statistics Norway

Units: per cent or number

Data type: stock

Reference period: 31.12.