

## Self-perceived health (C) – per cent, standardised

Year		2002	2005	2008	2012	2015	2019
Geography	Health status						
Nordland	very good/good	:	:	:	:	77	82
	fair	:	:	:	:	16	11
	bad/very bad	:	:	:	:	6	7
Troms og Finnmark	very good/good	:	:	:	:	82	75
	fair	:	:	:	:	13	17
	bad/very bad	:	:	:	:	6	8

### CellMark Legend

- .. Missing data
  - . Not possible to calculate
  - :
  - :
- County level is only available for 2015

### Description

Proportion of survey respondents who perceive their health as 1) very good or good, 2) fair or 3) bad or very bad.

- To display figures for those who perceive their health as fair or bad/very bad, click on the Health status menu and select 'Filter' or 'Move to row/Move to column'.

The following question has been included in Statistics Norway's survey of level of living, health conditions since 1985:

How do you rate your health in general?

- very good
- good
- fair
- bad
- very bad

### Rationale for indicator

Egenvurdert helse er en viktig indikator for sykkelighet og bruk av helsetjenester, og kan anvendes til å overvåke befolkningens helsestatus over tid. De aller fleste har en positiv innstilling til egen helse, og litt flere unge enn eldre vurderer sin egen helse som god.

### Source

Statistics Norway

### Collection

Data is collected every 3-4 years from Statistics Norway's survey of level of living. A nationally representative sample of 10 000 individuals is drawn, with around 7 000 completing the survey via a personal or telephone interview. Survey participants are required to assess their own health, illness, disability, living habits and utility of health services. People living in institutions are not included. Each survey provides an indication of the population's health at a given point in time (cross-sectional survey). Repetition of the survey provides an indication of developments in health over time. Nationally representative data.

### Interpretation and sources of error

Alders- og kjønnsstandardisering medfører at tallene ikke er sammenliknbare med tallene som publiseres fra Levekårsundersøkelsen på ssb.no.

### Data quality

The health survey is a stable and regular source of data about different aspects of the population's health. In recent years, the survey has had a stable participation rate of around 60%, which is good compared with other health surveys in Norway. The question concerning self-perceived health has remained unchanged and is comparable over time.

### Statistical analysis

The method used for age standardisation is indirect standardisation using a fixed population reference. The reference is the sum of men and women in 5-year age groups in Norway in 2015.

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**When numbers are missing**

Statistics based on fewer than 3 cases is hidden to protect the identity of the patients. Figures are also hidden when the population group in which the cases originate, is smaller than 10 persons.

If more than 20 per cent of the cases in a time series are hidden due to the abovementioned reasons, the complete time series is hidden to avoid giving a skewed impression.

The complete time series is also hidden if more than 50 per cent of the values in the series are based on fewer than 6 cases. In this case, the figures are regarded as too uncertain.

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**Time periods**

2002, 2005, 2008, 2012, 2015 and 2019.

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**Geographical level**

Country, health regions and counties (only from 2015)

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**Gender**

Both genders

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**Age groups**

16-79 years

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**Frequency of updates**

Every 3-4 years

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**Last updated**

3/1/21

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**Keywords**

Click on a keyword to search for similar indicators.

- Bad health
- Fair health
- Good health
- Health
- Health status
- Healthy
- Ill
- Illness
- Perceived health
- Self-perceived health
- Self-reported
- Sick
- Sickness
- Well-being