

## Primary care, users (NHC) – per 1000, standardised

Year				2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Geography	Disease groups	Age	Gender											
Nordland	Mental symptoms and disorders (P01-29 og P70-99)	0-44 yrs	both genders	124	129	131	132	136	141	141	146	153	161	164
			men	109	115	116	116	119	122	122	128	131	139	140
			women	140	145	147	150	154	161	162	165	176	184	190
		45-74 yrs	both genders	154	157	156	162	168	173	174	171	174	182	183
			men	120	121	120	125	132	136	137	136	139	144	145
			women	190	195	193	199	206	212	212	207	210	221	222
	Anxiety and depression, symptoms (P01-04, P25 og P28-29)	0-44 yrs	both genders	48	51	52	52	57	60	61	61	64	68	68
			men	33	36	35	35	39	41	41	42	44	47	45
			women	64	67	70	70	76	81	82	81	85	90	91
		45-74 yrs	both genders	52	55	57	58	64	68	69	66	67	71	73
			men	34	36	37	36	42	46	46	44	43	45	48
			women	70	74	77	80	87	90	93	89	91	97	98
	Affective and depressive disorders (P73 og P76)	0-44 yrs	both genders	32	33	33	33	33	33	32	35	36	38	39
			men	23	24	24	23	24	23	22	25	25	27	28
			women	42	42	42	43	43	44	42	46	48	50	50
		45-74 yrs	both genders	42	41	40	40	39	38	37	37	37	38	38
			men	30	28	28	29	28	26	26	27	26	27	29
			women	55	55	51	52	52	51	48	48	48	49	48
	Anxiety disorders (P74, P79 og P82)	0-44 yrs	both genders	17	17	17	20	20	20	20	20	24	26	27
			men	14	14	15	16	16	16	15	16	17	18	19
			women	20	20	20	23	24	25	24	24	30	34	36
		45-74 yrs	both genders	23	22	22	23	23	23	23	21	22	24	25
			men	17	16	16	17	17	16	16	15	16	17	17
			women	29	28	27	29	30	29	30	27	29	32	32
Cardiovascular disease, total (K70-99)	0-44 yrs	both genders	25	25	25	27	28	27	26	25	25	24	24	

		men	23	24	24	26	26	25	24	24	24	23	22	
		women	27	26	26	28	30	30	28	26	26	25	26	
	45-74 yrs	both genders	253	247	243	246	246	239	238	233	226	222	216	
		men	274	271	267	271	270	266	268	261	254	250	244	
		women	233	223	219	221	221	212	209	204	198	193	188	
Musculoskeletal symptoms (L01-29)	0-44 yrs	both genders	202	207	209	213	218	216	213	215	220	228	214	
		men	184	188	189	190	194	193	188	192	197	204	189	
		women	220	227	231	237	244	240	239	241	244	253	240	
	45-74 yrs	both genders	286	296	304	308	318	324	325	320	331	341	334	
		men	245	254	260	264	274	278	281	272	283	292	288	
		women	328	339	348	353	363	371	371	370	380	390	382	
Musculoskeletal diagnoses (excluding fractures and injuries (L70-71 og L82-99))	0-44 yrs	both genders	119	116	111	114	112	109	107	107	105	103	96	
		men	113	108	103	105	101	98	96	96	96	93	87	
		women	126	124	120	123	123	121	118	120	114	114	105	
	45-74 yrs	both genders	281	276	276	280	286	284	284	280	269	266	258	
		men	244	240	239	242	249	244	244	239	236	233	226	
		women	318	312	313	320	325	324	325	321	303	301	291	
Troms og Finnmark	Mental symptoms and disorders (P01-29 og P70-99)	0-44 yrs	both genders	122	125	129	130	134	137	138	144	148	153	157
			men	106	108	112	112	114	116	117	122	126	131	132
			women	139	143	147	149	155	161	161	167	172	177	184
		45-74 yrs	both genders	146	148	150	157	164	170	171	172	171	178	180
			men	117	117	122	128	132	137	137	137	141	144	146
			women	175	179	180	187	198	204	205	208	203	214	214
	Anxiety and depression, symptoms (P01-04, P25 og P28-29)	0-44 yrs	both genders	52	53	54	55	60	65	66	66	68	67	70
			men	35	35	37	37	39	42	42	43	46	46	47
			women	70	72	72	74	81	90	91	90	91	90	94
		45-74 yrs	both genders	52	55	56	60	66	72	72	71	69	71	71
			men	33	34	36	39	43	47	47	44	44	45	46
			women	71	77	77	81	90	98	98	99	95	98	96
Affective and depressive disorders (P73 og P76)	0-44 yrs	both genders	30	29	31	30	29	29	28	33	33	36	37	

		men	22	21	23	21	20	20	20	24	24	26	26	
			38	38	40	40	38	37	37	43	44	46	48	
		45-74 yrs	both genders	38	36	35	35	34	33	33	33	34	37	36
			men	29	26	26	26	25	25	24	25	26	28	27
		women	47	46	44	44	43	42	41	43	43	45	46	
		Anxiety disorders (P74, P79 og P82)	0-44 yrs	both genders	15	16	17	18	19	19	19	20	22	25
	men			12	14	14	15	15	14	15	14	15	18	17
	women			18	19	20	22	23	24	23	26	29	32	32
	45-74 yrs		both genders	17	19	19	21	21	20	20	19	20	22	23
			men	13	13	15	16	16	15	15	13	15	16	16
			women	22	24	24	26	27	26	24	25	26	29	30
	Cardiovascular disease, total (K70-99)	0-44 yrs	both genders	25	25	26	25	27	27	27	25	25	25	24
			men	23	23	24	24	24	25	25	23	23	24	22
			women	27	27	28	27	29	30	29	28	27	27	27
		45-74 yrs	both genders	250	244	249	249	251	249	246	239	234	226	220
men			265	263	269	271	273	272	272	264	258	252	244	
women			236	224	230	228	227	225	220	213	209	199	194	
Musculoskeletal symptoms (L01-29)	0-44 yrs	both genders	203	207	209	209	212	215	213	210	214	218	206	
		men	180	185	184	185	184	189	185	186	192	193	183	
		women	227	230	235	235	241	244	242	235	237	243	230	
	45-74 yrs	both genders	294	299	305	310	319	324	325	320	322	323	318	
		men	246	250	257	261	270	274	275	269	271	273	271	
		women	345	349	354	359	368	376	376	373	374	374	367	
Musculoskeletal diagnoses (excluding fractures and injuries (L70-71 og L82-99))	0-44 yrs	both genders	110	108	105	102	103	100	98	99	99	99	95	
		men	103	101	98	94	94	91	88	91	91	91	86	
		women	118	115	113	110	112	110	109	107	108	107	104	
	45-74 yrs	both genders	259	257	259	256	260	258	259	260	250	251	241	
		men	227	225	224	223	227	222	221	223	216	216	206	
		women	292	289	295	291	294	295	297	298	285	286	277	

#### CellMark Legend

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- . Not possible to calculate
- : Hidden value

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### Description

Number of individuals in contact with a physician or emergency care services (for musculoskeletal symptoms and disorder contact with physiotherapist and chiropractor is also included) per 1,000 inhabitants per year. People who have been in contact with GPs or emergency services several times during the calendar year with the same disease / disorder are only counted once.

To change the table, open "change selection of...".

Four measures are available. Use the Measure button to select:

1. Numbers
  2. Per 1000 = Number per 1000 inhabitants\* per year (rate)
  3. Per 1000, standardized = Number per 1000 inhabitants\* per year (rate). Standardized for age composition.
  4. Ratio (Norway = 100) = Ratio between the county's standardized rate and the national rate for a given year. Examples; ratio = 130 means that the county's standardized rate is 30% higher than the national level. A ratio of 87 means that the county's rate is 13% lower than the national level.
- \*Includes residents in the relevant age and gender segment.

Standardized figures are recommended when comparing geographical areas, and when looking at trends over time. The purpose of standardization is to reduce the influence of varying age compositions when comparing groups in time and space.

Contacts with primary care are classified by the ICPC-code system. Data from primary care include several indicators. The description of the data will therefore apply to several disease groups.

The following disease groups are included:

Mental symptoms and disorders (P01-29 and P70-99)

- Mental symptoms (P01-29)
- Anxiety and depression symptoms (P01-04, P25 and P29)
- Mental disorders (P70-99)
- Affective and depressive disorders (P73 and P76)
- Anxiety disorders (P74, P79 and P82)

Musculoskeletal (excluding fractures and injuries) ((L01-L29, L70-71 and L82-99) (also includes contact with physiotherapist and chiropractor)

- Musculoskeletal disorders (L01-29) (also includes contact with physiotherapist and chiropractor)
  - Musculoskeletal disease diagnoses (excluding fractures and injuries) (L70-71 and L82-99) (also includes contact with physiotherapist and chiropractor)
- Cardiovascular disease, total (K70-99)

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### Rationale for indicator

Use of primary health care may provide information about health status and extent of disease. This may in turn say something about underlying factors such as environment and lifestyle habits of the population.

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### Source

Control and Payment of Health Reimbursement (KUHR) databases in HELFO, Directorate of Health

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### Collection

KUHR is a system for the processing and control of reimbursements to e.g. physicians and emergency care (data from other treatment- and provider groups that are reimbursed are not included in the statistics). The KUHR database is based on electronically submitted reimbursement claims from physicians to the Norwegian Health Economics Administration (HELFO). Reimbursement claims submitted on paper are not included, but represent a very small and declining share.

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### Interpretation and sources of error

The figures present unique persons in each county. If a person moves from one county to another during the year and is in contact with emergency services or GP for the same diagnosis code before and after relocation, the person will count as two people in the national figures.

Due to a decrease in the number of registrations with more than one reported diagnosis, there may be a decrease in 2017 and 2018 in the statistics presented.

All municipal emergency care services are in the database. Patients registered at Oslo Emergency Clinic are not included in the statistics.

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### **Data quality**

It is believed that the numbers are affected by a physicians' diagnostic practice. From 2010 registration of deductibles and the issue of exemption cards is handled electronically, and this is considered to have helped to reduce errors and omissions in filling out.

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### **Statistical analysis**

The standardization method used is direct standardization with a fixed standard population as a reference. The standard population is the sum of men and women in 5-year age groups the last year in the time series.

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### **When numbers are missing**

Statistics based on fewer than three cases are hidden for privacy reasons. The same is done where the population segment from which the data are collected is less than ten.

If more than 20 per cent of the numbers in a time series are hidden for privacy reasons, the entire time series is concealed so as not to create a false impression of the situation in the county. Time series are also hidden where more than 50 per cent of the numbers in the time series are based on 6 or fewer cases.

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### **Time periods**

2010 - 2020

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### **Geographical level**

Norway and counties

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### **Gender**

Both genders, men and women

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### **Age groups**

0-74, 0-44, 15-24 and 45-74 years

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### **Frequency of updates**

Annually

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### **Last updated**

3/6/23

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### **Keywords**

Click on a keyword to search for similar indicators.

- Primary health care
  - GP
  - Emergency services
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### **Fact sheets**

Below are links to relevant fact sheets, articles and reports. These may describe trends over time in the Norwegian population or differences by sex, age group, geographical region or socioeconomic status:

- [Cardiovascular disease in Norway](#)
- [Mental illness among adults](#)
- [Quality of life and mental health among children and adolescents](#)
- [Musculoskeletal \(only in norwegian\)](#)